

Welcome to ChiroPlus Wellness Center

Name: _____

Date: _____

I am mainly interested in (Check all that apply):

Chiropractic

Exercise/rehab

Lordex Spinal Decompression

Weight Loss

Nutrition Therapy

Stress Reduction

What best describes your goal for treatment?

- I am interested in short-term treatment for **relief** of immediate symptoms only.

Relief Care Only is generally short-term treatment focused on the relief of immediate symptoms. Recommendations zero-in on the fastest, most economical means of alleviating your major complaint. Depending on the severity of your condition, the length of treatment is 6 to 10 visits. Results are monitored by patient's subjective feedback.

- I am interested in **relief and correction** of my symptoms and/or health problem.

Relief and Corrective Care consists of the relief care described above, with continued spinal adjustments and necessary modalities to provide structural correction of the underlying cause of your symptoms. For example, severe low back conditions, such as disc herniation, sciatica, or facet syndrome, may require Lumbar Decompression Therapy and rehab exercise therapy. Beyond symptomatic relief, this care generally takes 2 to 10 months. Results are monitored by patient's feedback, computerized Surface EMG, Thermogram Analysis, Computerized Range-of-Motion tests, x-ray, and/or MRI studies.

- I am interested in symptomatic **relief**, with the **correction** of the cause and **prevention** of future episodes of my symptoms and/or health problem.

Relief, Correction and Prevention consists of the above, with the addition of our unique "Wellness Care Program." (See more details in the Wellness pamphlet). Focus is on lifetime optimum wellness.

- All of the above, with the **Path To Optimal Wellness** Program.

Path To Optimal Wellness: Consists of the above, with the addition of periodic Computerized Nutrition Evaluation, Dietary Assessments, Weight Management, and Healthy Lifestyle Counseling.

- I have no immediate symptoms. I am interested in adding Chiropractic and Wellness to my general lifestyle.